

Shri Dhaneshwari Manav Vikas Mandal's

## **S.S.V.P. Homoeopathic Medical College & Research Institute-Hatta**

(Recognised by Ayush Ministry-New Delhi, Govt. of  
Maharashtra & Affiliated to Maharashtra University of Health Sciences, Nashik)

### **2.2.3: Institution facilitates building and sustenance of innate talent /aptitude of individual students (extramural activities/beyond the classroom activities such as student clubs, cultural societies, etc)**

Extra mural activity refers to any activity that takes place beyond the physical borders or limits of an organized unit. Extracurricular activities are essential for a well-rounded curriculum, promoting healthy lives, enriching the college experience, and fostering personal, social, and community growth. These activities include a diverse array of endeavors and provide secure and healthful environments, enhance scholastic success, and instigate beneficial transformations in the lives of young individuals and the whole campus communities.

#### Advantages of extracurricular activities

Collaboration and fostering connections. The acquired abilities pertaining to cooperation may be used to effectively handle interactions with individuals of diverse backgrounds. Furthermore, students will acquire proficiency in communication abilities.

Self-improvement and progress Students will cultivate attitudes and acquire skills that will enhance their self-assurance, facilitate effective collaboration with others, and deepen their comprehension of both themselves and the surrounding environment.

Enhances one's self-assurance and self-worth Students are prone to experiencing a loss of confidence when they see themselves as being proficient in no one area. Not all pupils possess the same level of proficiency in their academic endeavors.

Hence, it is advisable to seek out tasks in which you demonstrate exceptional proficiency. Engaging in an extramural activity can enhance your sense of confidence and elevate your self-esteem.

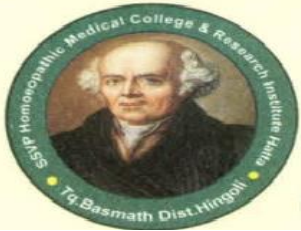
We engage in the following extracurricular activities.

The NSS coordinator and college staff diligently organize an NSS camp for students, particularly those in their 3rd and 4th year, on an annual basis. The program spans a duration of 5 to 7 days, during which students will engage in various activities including a literacy survey, health survey, blood donation camp, ophthalmology camp, homoeopathic medical camp, cultural activity, and street plays.

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Ashwamedh is an event organized by MUHS, where various outdoor sporting activities are offered. Students from different medical courses gather and participate in this event.

Debate competition

Tree plantation

Rallies - On March 24th, we organize a rally to commemorate World Tuberculosis Day, as well as a separate event to raise awareness about swine flu.

Our institution and hospital often organize camps for homoeopathic, general, and ophthalmic purposes.



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